

HEALTH PROMOTION CLINICS

Health promotion clinics are held at senior dining sites throughout Johnson County. This is your opportunity to speak with a nurse and have your blood pressure and pulse rate checked.

We have a health suite on the lower level of the Senior Center in Iowa City where a nurse is available from 11am-1pm on Monday, Wednesday and Friday. Blood pressure, pulse rate, glucose, weight and BMI checks are available along with health information. Cholesterol screenings are available once a month. There is a charge for glucose and cholesterol screenings. Please call 337-9686 for information.

CLINICS:

Lone Tree—203 ½ N. DeVoe St.

1st Monday of month, 11:15 am-12 pm

Oxford—St. Mary's Hall, 133 E. Main St.

1st Wednesday of month, 11 am-12 pm (not in January)

N. Liberty Recreation Center-520 W. Cherry St.

1st Friday of month, 12:15 pm-1:00 pm

Hills—Community Center, 110 E. Main St

2nd Tuesday of month, 11 am-12 pm

Tiffin—Grace United Methodist Church, 300 Marengo Road

3rd Monday of month, 11am-12 pm (not June, July, Aug, or Dec)

Solon—United Methodist Church, 122 N. West St.

2nd Thursday of month, 10:30 am-11:30 pm